



## Ss. Peter and Pauls Primary School Goulburn

### Healthy Eating Canteen Menu

BAKEHOUSE FOOD	PRICE
Lite Party Pies	\$1.40
Chicken Nugget <b>(Single)</b>	\$0.50
Garlic Bread	\$1.50
Lite Sausage Roll	\$2.90
Mini Chicken Burger	\$3.20
Large Chicken Burger	\$4.20
Toasted Hawaiian Pizza Wrap	\$3.80
Toasted Ham & Cheese Wrap	\$3.60
Pumpkin Soup & Damper Roll <b>(Terms 2 &amp; 3 only)</b>	\$4.00
Mini Chilli Chicken Burger	\$3.20
Mini Hawaiian Sub	\$3.60
Chilli or Teriyaki Chicken Crunch Salad Box <b>(Terms 1 &amp; 4 only)</b>	\$4.50

SANDWICHES(WHOLEMEAL, WHITE OR MULTIGRAIN)	PRICE
Vegemite	\$1.40
Cheese	\$1.80
Egg & Lettuce	\$2.60
Chicken	\$2.60
Cheese and Tomato	\$2.10
Ham	\$1.80
Chicken, Lettuce and Mayo	\$2.90
Salad Sandwich/Wrap/Roll	\$3.80
Chicken or Ham & Salad Sandwich/Wrap/Roll	\$4.20

TOASTED SANDWICHES	PRICE
Cheese <b>or</b> Ham	\$2.00
Cheese & Tomato	\$2.30
Cheese & Pineapple	\$2.30
Ham & Cheese	\$2.30
Ham, Cheese & Tomato	\$2.50
Ham & Cheese & Pineapple	\$2.50

DRINKS	PRICE
Water	\$1.20
Sparkling Springwater Lemonade or Lemon Lime	\$1.90
Oak Milk 375ml Chocolate or Strawberry	\$2.50
100% Juicy Orange Juice	\$1.90
Fruit Box Apple or Orange	\$1.30
Warm Milo <b>(Pick up only)(Terms 2 &amp; 3 only)</b>	\$1.00
Plain Milk & a variety of Sipaah Straws	\$2.00

SNACKS	PRICE
Chips Honey Soy or Sea Salt	\$1.60
JJ'S	\$1.60
Teddy Bear Banana Bread <b>(Butter) (Lunch orders only)</b>	\$1.50
Choc Chip Cookie	\$1.20
Apple Slinky	\$0.80
Popcorn	\$0.20
Yoghurt Frogs	\$0.20
Fruit/Apple (Seasonal)	\$0.70

ICE CREAMS	PRICE
Mony Bags	\$0.90
Frozen Jelly Sticks	\$0.25
Calipo Tubes	\$1.30
Icy Twists	\$1.50
Paddle Pops, Chocolate or Rainbow	\$1.90
Moosie <b>(Variety)</b>	\$1.30
Strawberry Yoghurt Cup	\$1.40
Low Fat Ice Cream Cup	\$1.30

EXTRAS	PRICE
Tomato or Sweet & Sour Sauce	\$0.20

#### Please Note

- Turn over for ingredients. Some options are by seasons only
  - Exact money is preferred
  - Siblings bagged together is appreciated



**Mini Chicken Burger / Chicken Chilli Burger**

1 Chicken tenderloin  
1 Hot dog roll  
Shredded lettuce  
Light mayo / chilli sauce

**Salad Wrap / Sandwich / Roll**

Lettuce  
Tomato  
Cucumber  
Grated carrot / light cheese  
Parsley  
Lebanese bread / roll / bread  
Light mayo

**Sweet Chili or Teriyaki Crunch Chicken Salad**

**Box** TERMS 1&3 ONLY

Chicken pieces  
Lettuce  
Cucumber  
Carrot  
Baby spinach  
Crunchy noodles  
Dressing  
Light tasty cheese  
Capsicum

**Large Chicken Burger**

2 Tenderloins  
1 Hot dog roll  
Shredded lettuce  
Light mayo

**Hawaiian Pizza Wrap**

Tinned pineapple  
Light tasty cheese  
Baby spinach / parsley  
Capsicum  
Pizza sauce  
Wholemeal wrap toasted  
Light ham

**Teddy Bear Banana Bread**

Banana  
Milk  
Egg  
SR flour  
Baking powder  
Sugar  
Honey  
Cinnamon  
Nutmeg  
Butter optional

**Mini Hawaiian Sub**

1 Chicken Tenderloin  
1 Hot dog roll  
Tasty cheese  
Pineapple / lettuce  
Pizza Sauce

**Please note : any ingredient concerns  
contact Di Bennett**